

| <b>Week</b>              | <b>Lesson No / WB</b>                 | <b>6<sup>th</sup> Form Year 12</b>                 | <b>6<sup>th</sup> Form Year 13</b> |
|--------------------------|---------------------------------------|--|------------------------------------|
| <b>A<br/>1</b>           | <b>1<br/>Mon 2nd Sept</b>             |  |                                    |
| <b>B<br/>2</b>           | <b>2<br/>Mon 9<sup>th</sup> Sept</b>  | <b>Successful Study Habits</b>                     | <b>Planning your Revision Time</b> |
| <b>A<br/>3</b>           | <b>3<br/>Mon 15<sup>th</sup> Sept</b> |  |                                    |
| <b>B<br/>4</b>           | <b>4<br/>Mon 22nd Sept</b>            | <b>Planning your Revision Time</b>                 | <b>Personal Statement</b>          |
| <b>A<br/>5</b>           | <b>5<br/>Mon 29<sup>th</sup> Sept</b> |  |                                    |
| <b>B<br/>6</b>           | <b>6<br/>Mon 6<sup>th</sup> Oct</b>   | <b>Independent Learning / Revision<br/>Methods</b> | <b>Organization</b>                |
| <b>A<br/>7</b>           | <b>7<br/>Mon 13<sup>th</sup> Oct</b>  |  |                                    |
| <b>B<br/>8</b>           | <b>8<br/>Mon 20<sup>th</sup> Oct</b>  | <b>Dealing with Stress</b>                         | <b>Motivation and Stress</b>       |
| <b>October Half Term</b> |                                       |  |                                    |
| <b>A<br/>9</b>           | <b>9<br/>Mon 3<sup>rd</sup> Nov</b>   | <b>Dealing with Stress</b>                         | <b>Sleep Hygiene</b>               |
| <b>B<br/>10</b>          | <b>10<br/>Mon 10<sup>th</sup> Nov</b> |  |                                    |
| <b>A<br/>*<br/>11</b>    | <b>11<br/>Mon 17<sup>th</sup> Nov</b> | <b>Gambling</b>                                    | <b>Money Saving and Interest</b>   |
| <b>B<br/>12</b>          | <b>12<br/>Mon 24<sup>th</sup> Nov</b> |  |                                    |
| <b>A<br/>13</b>          | <b>13<br/>Mon 1<sup>st</sup> Dec</b>  | <b>Drug Misuse</b>                                 | <b>Debt and Loans</b>              |
| <b>B<br/>14</b>          | <b>14<br/>Mon 8<sup>th</sup> Dec</b>  |  |                                    |
| <b>A</b>                 | <b>15</b>                             | <b>Alcohol</b>                                     |                                    |

|                           |   |   |  |
|---------------------------|---|---|--|
| <b>*<br/>15</b>           | <b>Mon 15<sup>th</sup> Dec</b>          |   |  |
| <b>Christmas Holidays</b> |   |   |  |
| <b>Week</b>               | <b>Lesson No<br/>W/B</b>                | <b>6<sup>th</sup> Form Year 12</b>  | <b>6<sup>th</sup> Form Year 13</b>   |
| <b>A<br/>16</b>           | <b>16<br/>Mon 6<sup>th</sup> Jan</b>    | <b>Planning your Revision Time<br/><br/>Independent Learning / Revision<br/>Methods</b> | <b>Memory – Learning to Learn<br/><br/>Careers Review – What might I<br/>want to do next? Post WEX</b> |
| <b>B<br/>17</b>           | <b>17<br/>Mon 13<sup>th</sup> Jan</b>   |   |  |
| <b>A<br/>18</b>           | <b>18<br/>Mon 20<sup>th</sup> Jan</b>   | <b>Guided Revision</b>  | <b>Condensing / Speed Writing –<br/>Learning to Learn</b>  |
| <b>B<br/>19</b>           | <b>19<br/>Mon 27<sup>th</sup> Jan</b>   | <b>Year 12 PPE's</b>  | <b>Year 13 PPE's</b>   |
| <b>A<br/>20</b>           | <b>20<br/>Mon 3<sup>rd</sup> Feb</b>    | <b>Tues to Fri<br/>Reflection on PPE's and What to do<br/>differently next year?</b>    | <b>Resilience</b>  |
| <b>B<br/>21</b>           | <b>21<br/>Mon 10<sup>th</sup> Feb</b>   |   |  |
| <b>February Half Term</b> |   |   |  |
| <b>Week</b>               | <b>Lesson No<br/>W/B</b>                | <b>6<sup>th</sup> Form</b>  |  |
| <b>A<br/>*<br/>22</b>     | <b>22<br/>24<sup>th</sup> Feb</b>       | <b>Effects of Caffeine and Building<br/>Good Habits</b>                                 | <b>Updating CV</b>   |
| <b>B<br/>*<br/>23</b>     | <b>23<br/>Mon 3<sup>rd</sup> March</b>  |   |  |
| <b>A<br/>*<br/>24</b>     | <b>24<br/>Mon 10<sup>th</sup> March</b> | <b>Healthy Eating / Eating Disorders</b>  | <b>Deferring Uni &amp; Gap Year</b>  |
| <b>B<br/>*<br/>25</b>     | <b>25<br/>Mon 17<sup>th</sup> March</b> |   |  |

|                           |                                     |                                |                                 |
|---------------------------|-------------------------------------|--------------------------------|---------------------------------|
| 25                        |                                     |                                |                                 |
| A<br>*<br>26              | 26<br>Mon 24 <sup>th</sup> March    | Lifestyle and Stress           | Getting Ready for Revision      |
| B<br>*<br>27              | 27<br>Mon 31 <sup>st</sup> March    |                                |                                 |
| <b>First Summer Term</b>  |                                     |                                |                                 |
| Week                      | Lesson No<br>W/B                    | 6 <sup>th</sup> Form Year 12   | 6 <sup>th</sup> Form Year 13    |
| A                         | 28<br>Monday 21 <sup>st</sup> April | Future Aspirations and Prep    | Motivation / What could Change? |
| B                         | 29<br>Mon 28 <sup>th</sup> April    |                                |                                 |
| A                         | 30<br>Tues 6 <sup>th</sup> April    | Year 12 / BTEC – Unifrog       | Results Day / Clearing          |
| B                         | 31<br>Mon 12 <sup>th</sup> May      |                                |                                 |
| A                         | 32<br>Mon 19 <sup>th</sup> May      | Year 12 / BTEC – Unifrog       | Managing Exam Stress            |
| <b>MAY HALF TERM</b>      |                                     |                                |                                 |
| <b>Second Summer Term</b> |                                     |                                |                                 |
| Week                      | Lesson No<br>W/B                    |                                |                                 |
| A<br>*                    | 33<br>Mon 2 <sup>nd</sup> June      | What do I want to do next?     |                                 |
| B<br>*                    | 34<br>Mon 9 <sup>th</sup> June      |                                |                                 |
| A<br>*                    | 35<br>Mon 16 <sup>th</sup> June     | University vs Apprenticeships  |                                 |
| B<br>*                    | 36<br>Mon 23 <sup>rd</sup> June     |                                |                                 |
| A<br>*                    | 37<br>Mon 30 <sup>th</sup> June     | Personal Statement Preparation |                                 |

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| <b>B</b><br><b>*</b> | <b>38</b><br><b>Mon 7<sup>th</sup> July</b>  | <b>Year 12 PPE's in Dance Studio</b>             |  |
| <b>A</b>             | <b>39</b><br><b>Mon 14<sup>th</sup> July</b> | <b>Using CVs to help your Personal Statement</b> |  |
| <b>B</b>             | <b>40</b><br><b>Mon 21<sup>st</sup> July</b> |  |  |