

	Lesson No W/B	Year 7		Year 8	Year 9	Year 10	Year 11
		South / North Lesson	X,Y,Z Lesson				
A	1 Thurs 4th Sept	Year 7 Induction Days					
B	2 Mon 8 th Sept	Using iPads Effectively	Introduction to REACH	What does Success look and feel like? How do I want to move forward?	Mental Health Awareness	What makes a good student?	HOPE & ASPIRATIONS Post 16 Action Planning
A	3 Mon 15 th Sept	Independent and organized learner	Developing Strengths of Character				
B	4 Mon 22 nd Sept	Relationships with friends and family	How does being different make us feel	Kindness and Anti-Bullying What does Success look and feel like? How do I want to move forward?	Dealing with Stress	Time Management & Study Skills	Writing a CV 1
A	5 Mon 29 th Sept						
B	6 Mon 6 th Oct	Why is Character Important?	Resilience and How we Build It.	What is Resilience and how do we build it?	Year 9 Taster Day Options for CC Day 6 th Nov	Child on Child Abuse	What employers want – skills & attributes
A *	7 Mon 13 th Oct						
B	8 Mon 20 th Oct	Respect and Self Awareness	Introduction to Mental Health	Name calling and Labelling- How does it affect us?	Understanding Self Harm	Sexual Harassment	Interviewing?
OCTOBER HALF TERM							
Week	Lesson No W/B	South / North Lesson	X,Y,Z Lesson	Year 8	Year 9	Year 10	Year 11
A	9 Mon 3 rd Nov	Community Why is Community so important?	What makes us feel happy, sad or depressed?	The Importance of Sleep	GCSE Options Hope & Aspirations	Mental Health Awareness	Prep for PPE’s Revision Methods

					Jobs! Careers! Jobs of the Future!		
B *	10 Mon 10 th Nov				Year 9 PPE week		Crime and the Law Year 11 PPE's Start
A *	11 Mon 17 th Nov	Hope	How do our relationships affect our mental health?	Money Sense	Jobs of the Future	LGBTQ+ / Diversity	Year 11 PPE Week
B *	12 Mon 24 th Nov						Year 11 PPE Week
A *	13 Mon 1 st Dec	What role does Social Media play in Mental health?	Thinking about How I Learn?	NHS Enterprise	Making Choices	Caffeine and Vaping	Gangs and Youth Knife Crime
B	14 Mon 8 th Dec						
A *	15 Mon 15 th Dec	Kindness and Paying it Forward	Listening and Condensing	NHS Enterprise	Thinking About University	Cultural Awareness News Quiz TBC	
CHRISTMAS HOLIDAYS							
	Lesson No W/B	Year 7		Year 8	Year 9	Year 10	Year 11
		South / North Lesson	X,Y,Z Lesson				
B	16 Mon 5 th Jan	What Makes a community? British Values	Challenging risky behaviour	Spending Money Well	Our Worth BLM	Money – Savings	Reflection of PPE – What have I learned? Reflection of PPE – What have I learned?
A	17 Mon 12 th Jan						
B	18 Mon 20 th Jan	Understanding and Preventing Radicalization	Red Cross Basic First Aid	British Values	Gangs and Knife Crime	Money Cost of Living	Domestic Violence

A	19 Mon 19 th Jan						
B	20 Mon 26 th Jan	Equality and Diversity	Red Cross Basic First Aid Bleeding	Equality – Black Lives Matter	Child Exploitation	Year 10 Work Experience Finding a Placement	Honour Based Violence
A *	21 Mon 2 nd Feb						
B	22 Mon 9 th Feb	Staying Safe Online	Red Cross Basic First Aid Burns Basic First Aid Quiz and Certificate	Peer Pressure & Gangs	Police Powers and the Law	Work Experience & CV's <i>If the students need more support ready for Work Experience.</i>	Breaking Stereotypes
HALF TERM							
Week	Lesson No W/B	South / North Lesson	X,Y,Z Lesson	Year 8	Year 9	Year 10	Year 11
A	23 23 rd Feb	Staying Safe Online	Red Cross Basic First Aid Burns Basic First Aid Quiz and Certificate	Peer Pressure & Gangs	Police Powers and the Law	Work Experience & CV's	Breaking Stereotypes
B	24 Mon 2 nd March						
A	25 Mon 9 th Marc h	Gender Stereotypes	Healthy Living and Hygiene	Knife Crime	Police Powers and the Law	Gambling	Dealing with Stress
B *	26 Mon 16 th March						

A *	27 Mon 23rd March	What is life like around the world for teenagers?	Making our Environment Better	Staying Safe Online Reminder	Dealing with Stress Caffeine and Vaping	Health and Cancer	Dealing with Stress Caffeine and Vaping
Easter Holiday							
Week		Year 7		Year 9			
We ek	Lesson No W/B	South / North Lesson	X,Y,Z Lesson	Year 8	Year 9	Year 10	Year 11
B	28 Tues 13th Apr	Types of Relationships and Marriage	Body Image and Self Respect	Types of Relationships and Marriage	Consensual Relationships	Year 10 PPE Week	Intimate Relationships and Safe Sex
A	29 Mon 20th Apr					Year 10 PPE Week	
B	30 27th Apr	The Pressures of Sex	Puberty Introduction	Puberty	Sexual Harassment	Pregnancy and Fertility Pregnancy Decisions and Parenting	Safe Sex, and HIV
A	31 4th May						
B	32 11th May	Sex and Social Media	Puberty and Hygiene Reflection Questions and SRE Review Online Form	Sexual Intercourse	Sexual Health and Contraception Sexual Health	Sex and Decision Making Year 10 WEX Information – Health and Safety	Exam Time / Prep Study Skills
A	33 18th May						
HALF TERM							
Second Summer Term		One Lesson a Week Split over N / S and XYZ classes		Once every TWO weeks			

Week	Lesson No W/B	South / North Lesson	X,Y,Z Lesson	Year 8	Year 9	Year 10	Year 11
A	34 Mon 1 st June	Drugs and Alcohol	Staying Safe Online	Safe Spaces & Anti Bullying	Drug Awareness	Year 10 WEX Information -	
B	35 Mon 8 th June					Year 10 WORK EXPERIENCE	
A	36 Mon 15 th June	How to Choose a Career	Being Good with Money	Eating Disorders	Preparing to be Successful in Year 10	Employability	
B	37 Mon 22 nd June						
A	38 Mon 29 th June CC week	Careers Research	Earning and Saving Money	Drug Awareness and Abuse	Successful Study Habits	Review of WEX	
B	39 Mon 6 th July						
A	40 Mon 13 th July	Healthy Living Ready for the Summer	Reflection Getting Ready for Year 8	Reflection of Year 8			
B	41 Mon 20 th July (Finish Wed 22 nd)						



Week	Lesson No / WB	6th Form Year 12	6th Form Year 13
A 1	1 Mon 2nd Sept		
B 2	2 Mon 9 th Sept	Successful Study Habits	Planning your Revision Time
A 3	3 Mon 15 th Sept		
B 4	4 Mon 22nd Sept	Planning your Revision Time	Personal Statement
A 5	5 Mon 29 th Sept		
B 6	6 Mon 6 th Oct	Independent Learning / Revision Methods	Organisation
A 7	7 Mon 13 th Oct		
B 8	8 Mon 20 th Oct	Dealing with Stress	Motivation and Stress
October Half Term			
A 9	9 Mon 3 rd Nov	Dealing with Stress	Sleep Hygiene
B 10	10 Mon 10 th Nov		
A * 11	11 Mon 17 th Nov	Gambling	Money Saving and Interest
B 12	12 Mon 24 th Nov		

A 13	13 Mon 1st Dec	Drug Misuse	Debt and Loans
B 14	14 Mon 8th Dec		
A * 15	15 Mon 15th Dec	Alcohol	
Christmas Holidays			
Week	Lesson No W/B	6th Form Year 12	6th Form Year 13
A 16	16 Mon 6th Jan	Planning your Revision Time Independent Learning / Revision Methods	Memory – Learning to Learn
B 17	17 Mon 13th Jan		
A 18	18 Mon 20th Jan	Year 12 / BTEC – Unifrog	Condensing / Speed Writing – Learning to Learn
B 19	19 Mon 27th Jan		
A 20	20 Mon 3rd Feb	Effects of Caffeine and Building Good Habits	Resilience
B 21	21 Mon 10th Feb		
February Half Term			

Week	Lesson No W/B	6 th Form	
A * 22	22 24 th Feb	WEX Introduction	Updating CV
B * 23	23 Mon 3 rd March		
A * 24	24 Mon 10 th March	WEX Health and Safety	Deferring Uni & Gap Year
B * 25	25 Mon 17 th March		
A * 26	26 Mon 24 th March	Out for Work Experience	Getting Ready for Revision
B * 27	27 Mon 31 st March	Healthy Eating / Eating Disorders	
First Summer Term			
Week	Lesson No W/B	6 th Form Year 12	6 th Form Year 13
A	28 Monday 21 st April	Year 12 PPE's Revision Time	Motivation / What could Change?
B	29 Mon 28 th April	Reflection on PPE's and What to do differently next year?	
A	30 Tues 6 th April		Results Day / Clearing

B	31 Mon 12th May	Careers Review – What might I want to do next? Post WEX	
A	32 Mon 19th May		Managing Exam Stress
MAY HALF TERM			
Second Summer Term			
Week	Lesson No W/B		
A *	33 Mon 2nd June	What do I want to do next?	
B *	34 Mon 9th June		
A *	35 Mon 16th June	University vs Apprenticeships	
B *	36 Mon 23rd June		
A *	37 Mon 30th June	Personal Statement	
B *	38 Mon 7th July	Year 12 PPE's in MMR	
A	39 Mon 14th July	Using CVs to help your Personal Statement	
B	40 Mon 21st July		