

	Lesson No W/B	Year 7		Year 8	Year 9	Year 10	Year 11
		South / North Lesson	X,Y,Z Lesson				
A	1 Thurs 4th Sept	Year 7 Induction Days					
B	2 Mon 8 <sup>th</sup> Sept	Using iPads Effectively	Introduction to REACH	What does Success look and feel like? How do I want to move forward?	Mental Health Awareness	What makes a good student?	HOPE & ASPIRATIONS Post 16 Action Planning
A	3 Mon 15 <sup>th</sup> Sept	Independent and organized learner	Developing Strengths of Character				
B	4 Mon 22 <sup>nd</sup> Sept	Relationships with friends and family	How does being different make us feel	Kindness and Anti-Bullying  What does Success look and feel like? How do I want to move forward?	Dealing with Stress	Time Management & Study Skills	Writing a CV 1
A	5 Mon 29 <sup>th</sup> Sept						
B	6 Mon 6 <sup>th</sup> Oct	Why is Character Important?	Resilience and How we Build It.	What is Resilience and how do we build it?	Year 9 Taster Day Options for CC Day 6 <sup>th</sup> Nov	Child on Child Abuse	What employers want – skills & attributes
A *	7 Mon 13 <sup>th</sup> Oct						
B	8 Mon 20 <sup>th</sup> Oct	Respect and Self Awareness	Introduction to Mental Health	Name calling and Labelling- How does it affect us?	Understanding Self Harm	Sexual Harassment	Interviewing?
OCTOBER HALF TERM							
Week	Lesson No W/B	South / North Lesson	X,Y,Z Lesson	Year 8	Year 9	Year 10	Year 11
A	9 Mon 3 <sup>rd</sup> Nov	Community Why is Community so important?	What makes us feel happy, sad or depressed?	The Importance of Sleep	GCSE Options Hope & Aspirations	Mental Health Awareness	Prep for PPE's Revision Methods

					Jobs! Careers! Jobs of the Future!		
B *	10 Mon 10 <sup>th</sup> Nov				Year 9 PPE week		Crime and the Law Year 11 PPE's Start
A *	11 Mon 17 <sup>th</sup> Nov	Hope	How do our relationships affect our mental health?	Money Sense	Jobs of the Future	LGBTQ+ / Diversity	Year 11 PPE Week
B *	12 Mon 24 <sup>th</sup> Nov						Year 11 PPE Week
A *	13 Mon 1 <sup>st</sup> Dec	What role does Social Media play in Mental health?	Thinking about How I Learn?	NHS Enterprise	Making Choices	Caffeine and Vaping	Gangs and Youth Knife Crime
B	14 Mon 8 <sup>th</sup> Dec						
A *	15 Mon 15 <sup>th</sup> Dec	Kindness and Paying it Forward	Listening and Condensing	NHS Enterprise	Thinking About University	Cultural Awareness News Quiz TBC	

CHRISTMAS HOLIDAYS

	Lesson No W/B	Year 7		Year 8	Year 9	Year 10	Year 11
		South / North Lesson	X,Y,Z Lesson				
B	16 Mon 5 <sup>th</sup> Jan	What Makes a community? British Values	Challenging risky behaviour	Spending Money Well	Our Worth BLM	Money – Savings	Reflection of PPE – What have I learned? Reflection of PPE – What have I learned?
A	17 Mon 12 <sup>th</sup> Jan						
B	18 Mon 20 <sup>th</sup> Jan	Understanding and Preventing Radicalization	Red Cross Basic First Aid	British Values	Gangs and Knife Crime	Money Cost of Living	Domestic Violence

A	19 Mon 19 <sup>th</sup> Jan						
B	20 Mon 26 <sup>th</sup> Jan	Equality and Diversity	Red Cross Basic First Aid Bleeding	Equality – Black Lives Matter	Child Exploitation	Year 10 Work Experience Finding a Placement	Honour Based Violence
A *	21 Mon 2 <sup>nd</sup> Feb						
B	22 Mon 9 <sup>th</sup> Feb	Staying Safe Online	Red Cross Basic First Aid Burns Basic First Aid Quiz and Certificate	Peer Pressure & Gangs	Police Powers and the Law	Work Experience & CV's <i>If the students need more support ready for Work Experience.</i>	Breaking Stereotypes

### HALF TERM

Week	Lesson No W/B	South / North Lesson	X,Y,Z Lesson	Year 8	Year 9	Year 10	Year 11
A	23 23 <sup>rd</sup> Feb	Staying Safe Online	Red Cross Basic First Aid Burns Basic First Aid Quiz and Certificate	Peer Pressure & Gangs	Police Powers and the Law	Work Experience & CV's	Breaking Stereotypes
B	24 Mon 2 <sup>nd</sup> March						
A	25 Mon 9 <sup>th</sup> March	Gender Stereotypes	Healthy Living and Hygiene	Knife Crime	Police Powers and the Law	Gambling	Dealing with Stress
B *	26 Mon 16 <sup>th</sup> March						

A *	27 Mon	What is life like around the world for teenagers?	Making our Environment Better	Staying Safe Online Reminder	Dealing with Stress Caffeine and Vaping	Health and Cancer	Dealing with Stress Caffeine and Vaping
	23 <sup>rd</sup> March						

## Easter Holiday

Week		Year 7		Year 9				
Week	Lesson No W/B	South / North Lesson	X,Y,Z Lesson	Year 8	Year 9	Year 10	Year 11	
B	28 Tues 13 <sup>th</sup> Apr	Types of Relationships and Marriage	Body Image and Self Respect	Types of Relationships and Marriage	Consensual Relationships	Year 10 PPE Week	Intimate Relationships and Safe Sex	
A	29 Mon 20 <sup>th</sup> Apr					Year 10 PPE Week		
B	30 27 <sup>th</sup> Apr	The Pressures of Sex	Puberty Introduction	Puberty	Sexual Harassment	Pregnancy and Fertility Pregnancy Decisions and Parenting	Safe Sex, and HIV	
A	31 4 <sup>th</sup> May							
B	32 11 <sup>th</sup> May	Sex and Social Media	Puberty and Hygiene Reflection Questions and SRE Review Online Form	Sexual Intercourse	Sexual Health and Contraception <u>Sexual Health</u>	Sex and Decision Making Year 10 WEX Information – Health and Safety	Exam Time / Prep Study Skills	
A	33 18 <sup>th</sup> May							

## HALF TERM

Second Summer Term	One Lesson a Week Split over N / S and XYZ classes	Once every TWO weeks
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Week	Lesson No W/B	South / North Lesson	X,Y,Z Lesson	Year 8	Year 9	Year 10	Year 11
<b>A</b>	<b>34</b> <b>Mon 1<sup>st</sup> June</b>	Drugs and Alcohol	Staying Safe Online	Safe Spaces & Anti Bullying	Drug Awareness	Year 10 WEX Information -	
<b>B</b>	<b>35</b> <b>Mon 8<sup>th</sup> June</b>					Year 10 WORK EXPERIENCE	
<b>A</b>	<b>36</b> <b>Mon 15<sup>th</sup> June</b>	How to Choose a Career	Being Good with Money	Eating Disorders	Preparing to be Successful in Year 10	Employability	
<b>B</b>	<b>37</b> <b>Mon 22<sup>nd</sup> June</b>						
<b>A</b>	<b>38</b> <b>Mon 29<sup>th</sup> June</b> <b>CC week</b>	Careers Research	Earning and Saving Money	Drug Awareness and Abuse	Successful Study Habits	Review of WEX	
<b>B</b>	<b>39</b> <b>Mon 6<sup>th</sup> July</b>						
<b>A</b>	<b>40</b> <b>Mon 13<sup>th</sup> July</b>	Healthy Living Ready for the Summer	Reflection Getting Ready for Year 8	Reflection of Year 8			
<b>B</b>	<b>41</b> <b>Mon 20<sup>th</sup> July</b> <b>(Finish Wed 22<sup>nd</sup>)</b>						

Week	Lesson No / WB	6 <sup>th</sup> Form Year 12	6 <sup>th</sup> Form Year 13
A 1	1 Mon 2nd Sept		
B 2	2 Mon 9 <sup>th</sup> Sept	<b>Successful Study Habits</b>	<b>Planning your Revision Time</b>
A 3	3 Mon 15 <sup>th</sup> Sept		
B 4	4 Mon 22nd Sept	<b>Planning your Revision Time</b>	<b>Personal Statement</b>
A 5	5 Mon 29 <sup>th</sup> Sept		
B 6	6 Mon 6 <sup>th</sup> Oct	<b>Independent Learning / Revision Methods</b>	<b>Organisation</b>
A 7	7 Mon 13 <sup>th</sup> Oct		
B 8	8 Mon 20 <sup>th</sup> Oct	<b>Dealing with Stress</b>	<b>Motivation and Stress</b>
<b>October Half Term</b>			
A 9	9 Mon 3 <sup>rd</sup> Nov	<b>Dealing with Stress</b>	<b>Sleep Hygiene</b>
B 10	10 Mon 10 <sup>th</sup> Nov		
A *	11 Mon 17 <sup>th</sup> Nov	<b>Gambling</b>	<b>Money Saving and Interest</b>
B 12	12 Mon 24 <sup>th</sup> Nov		

<b>A 13</b>	<b>13</b> Mon 1 <sup>st</sup> Dec	<b>Drug Misuse</b>	<b>Debt and Loans</b>
<b>B 14</b>	<b>14</b> Mon 8 <sup>th</sup> Dec		
<b>A * 15</b>	<b>15</b> Mon 15 <sup>th</sup> Dec	<b>Alcohol</b>	

**Christmas Holidays**

<b>Week</b>	<b>Lesson No W/B</b>	<b>6<sup>th</sup> Form Year 12</b>	<b>6<sup>th</sup> Form Year 13</b>
<b>A 16</b>	<b>16</b> Mon 6 <sup>th</sup> Jan	<b>Planning your Revision Time</b>  <b>Independent Learning / Revision Methods</b>	<b>Memory – Learning to Learn</b>
<b>B 17</b>	<b>17</b> Mon 13 <sup>th</sup> Jan		
<b>A 18</b>	<b>18</b> Mon 20 <sup>th</sup> Jan	<b>Year 12 / BTEC – Unifrog</b>	<b>Condensing / Speed Writing – Learning to Learn</b>
<b>B 19</b>	<b>19</b> Mon 27 <sup>th</sup> Jan		
<b>A 20</b>	<b>20</b> Mon 3 <sup>rd</sup> Feb	<b>Effects of Caffeine and Building Good Habits</b>	<b>Resilience</b>
<b>B 21</b>	<b>21</b> Mon 10 <sup>th</sup> Feb		
<b>February Half Term</b>			

Week	Lesson No W/B	6 <sup>th</sup> Form	
A * 22	22 24 <sup>th</sup> Feb	WEX Introduction	Updating CV
B * 23	23 Mon 3 <sup>rd</sup> March		
A * 24	24 Mon 10 <sup>th</sup> March	WEX Health and Safety	Deferring Uni & Gap Year
B * 25	25 Mon 17 <sup>th</sup> March		
A * 26	26 Mon 24 <sup>th</sup> March	Out for Work Experience	Getting Ready for Revision
B * 27	27 Mon 31 <sup>st</sup> March	Healthy Eating / Eating Disorders	
First Summer Term			
Week	Lesson No W/B	6 <sup>th</sup> Form Year 12	6 <sup>th</sup> Form Year 13
A	28 Monday 21 <sup>st</sup> April	Year 12 PPE's Revision Time	Motivation / What could Change?
B	29 Mon 28 <sup>th</sup> April	Reflection on PPE's and What to do differently next year?	
A	30 Tues 6 <sup>th</sup> April		Results Day / Clearing

B	31 Mon 12 <sup>th</sup> May	Careers Review – What might I want to do next? Post WEX	
A	32 Mon 19 <sup>th</sup> May		Managing Exam Stress
<b>MAY HALF TERM</b>			
<b>Second Summer Term</b>			
Week	Lesson No W/B		
A *	33 Mon 2 <sup>nd</sup> June	What do I want to do next?	
B *	34 Mon 9 <sup>th</sup> June		
A *	35 Mon 16 <sup>th</sup> June	University vs Apprenticeships	
B *	36 Mon 23 <sup>rd</sup> June		
A *	37 Mon 30 <sup>th</sup> June	Personal Statement	
B *	38 Mon 7 <sup>th</sup> July	Year 12 PPE's in MMR	
A	39 Mon 14 <sup>th</sup> July	Using CVs to help your Personal Statement	
B	40 Mon 21 <sup>st</sup> July		