



# Holy Trinity School

A Church of England Secondary School



# Sport BTEC Level 2 Curriculum Guide

# Sport BTEC Level 2

This course is a BTEC Level 1 / 2 First Certificate in Sport

GCSE Grade 3 in Physical Education would be an advantage but not compulsory. Plus, Grade 2/3 in Biology/Science and English/RS would also be beneficial

In this course you can expect to cover a wide breadth of study to enable you to develop your knowledge and understanding of a variety of different topic areas. The units listed below will be completed in a series of assignments, using scenarios which relate to specific careers and theoretical exam settings. Each assignment can be completed via written work, presentations, video and practical activities. It provides not only the opportunity to develop theoretical understanding but also practical performance and coaching.

#### Exam Board Information:

**Pearson BTEC Level 1 / 2 Firsts (600/6820/6) 240 guided learning hours – 1x further GCSE**

The course is made up of 3 core mandatory units and 5 further optional unit. The units in this **one-year course** are: -

Unit	Unit Title	Type
<b>Year 12</b>		
7	Anatomy and Physiology	Online Exam last for 1 hour and has 50 marks
1	Fitness for Sport and Exercise	Online Exam last for 1 hour and 15 mins and has 60 marks
2	Practical Sports Performance	Internally Assessed portfolio of work
3	The Mind for Sports and Exercise	Internally Assessed portfolio of work
4	The Sports Performer in Action	Internally Assessed portfolio of work
6	Leading Sports Activities	Internally Assessed portfolio of work
9	Lifestyle and Well Being	Internally Assessed portfolio of work
10	Injury and the Sports Performer	Internally Assessed portfolio of work

#### PATHWAYS:

UNIVERSITY COURSES	APPRENTICESHIPS	WORLD OF WORK
Sports Science Sports Studies Sports Psychology Sports Nutrition Sports Management Sports Coaching PE Teacher	Premier Sport - Coaching Premier Fitness – Fitness Instructor Apprentice Leisure Assistant Outdoor Education Apprentice	Leisure Industry – Entry Level Jobs Coaching – Opportunities for coaching roles in various sports. Swimming Teacher

For further information or to ask questions, please contact Miss N Raynor  
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