

Friday 28th March 2025

Spring Term, Issue 29

Introduction from the Head of School— Community



Dear Parents and Carers,

Eid Mubarak to all of our Islamic families who begin celebrating Eid al-Fitr at some point this weekend. Above all this is a festival that is about family, community, generosity and gratitude. I hope these days are filled with happiness and joy as families come together and celebrate. I would also like to thank all of our staff who worked so hard in making last Friday's cultural capital day so successful. We have received a number of positive feedbacks from the public, including one destination informing us that Holy Trinity was the best school that they had ever have visit them.

There have been a number of visitors I have welcomed to the school during the past few weeks. We have had school improvement partners join us to look at various areas within the curriculum and help us quality assure these programs and help us form our improvement journey. We have also welcomed colleagues from other schools who have joined us on reciprocal visits as we strive to learn from each other and share good practice. Our students have demonstrated how wonderful they are; by demonstrating their enthusiasm for learning in the classroom, their commitment to collective worship at the beginning of the day and highlighting their good manners by holding doors and welcoming strangers to their school. It is always rewarding to observe people within our community live out our underpinning elements. As is often the case, the number one take away people have left with is this overwhelming feeling of a special community where people from a large number of diverse backgrounds are respectful and happy.

A reminder that the last day of the Spring term is Friday 4th April. Students will be ending the day through a staggered release during period 3. We aim to have all students offsite before 1pm. Please make sure you have read the letter written by Mr Sheppard, our Behaviour and Culture Assistant Headteacher about this. School will not reopen to students until Tuesday 22nd April at 8:40am when tutor time will begin for all year groups.

Like many parents in our own community, I have children who are taking exams this summer. In my household both A-Levels and GCSEs are being taken. I have already started talking to my own children about the importance of using the Easter holidays to not just recharge the batteries for the final exam push but to utilise the time available to get into a strong routine for the revision required all the way through to the end of the examination period. Our partners at Neuro-Ninja are constantly reminding us about the power of short-term and long-term memory and providing techniques to help develop these areas of the brain. Our own staff continue to share a number of techniques in lessons through different subjects that help with revision. We have also shared a number of revision resources, be they revision guides or web-based platforms, paper based or electronic. Our children now need to find the confidence to use a small number of effective revision techniques that work for them and develop a timetable for study that allows them to prepare both the knowledge acquisition and skills development they will need to demonstrate during the actual exams in May and June. Please encourage your own children to use the Easter two weeks sensibly.

Thank you for your continued support.

Mr R Bradley
Head of School



Please follow and like our Facebook page!

Our feed is where we celebrate the wonderful things going on in our school!



UPCOMING DATES

2nd April - Year 8 Parents Evening

7th - 21st April - Easter Holidays

21st April - 2nd May - Year 12 PPEs

5th May - Bank Holiday

6th May - Year 11 Graduation

8th May - 20th June - GCSE /A-Level Exams

26th - 30th May - Half-term

5th May - Year 10 Information Evening

23rd June - 4th July - Year 10 PPEs

14th - 18th July - Year 10 Work Experience

21st July - Cultural Diversity Day

Contacting staff at the school

Schools Finance Enquiries:

financeofficer@holytrinitycrawley.org.uk

For Trips & Events Enquiries:

tripsandevents@holytrinitycrawley.org.uk

For Curriculum Enquiries: Mr Bradley, Head of School rbradley@holytrinitycrawley.org.uk

For SEN Issues: Mrs Meaney SENDCO

sendco@holytrinitycrawley.org.uk

For General Enquiries: (excl. student absence)

office@holytrinitycrawley.org.uk

Pastoral Team Contact Details:

Year7PastoralLeaders@holytrinitycrawley.org.uk

Year8PastoralLeaders@holytrinitycrawley.org.uk

Year9PastoralLeaders@holytrinitycrawley.org.uk

Year10PastoralLeaders@holytrinitycrawley.org.uk

Year11PastoralLeaders@holytrinitycrawley.org.uk

Year12PastoralLeaders@holytrinitycrawley.org.uk

Year13PastoralLeaders@holytrinitycrawley.org.uk

Mission Statement - Deeply Christian, open to all. Our mission is to be a deeply Christian inclusive community which values every individual as a child of God.

Vision statement - A centre of excellence for learning inspired by Christian values where every person in our school community fulfils their potential.

Cultural Capital

Barcelona Adventure: Rain Couldn't Dampen Our Spirits!

Last week, a group of students embarked on an unforgettable four-day school trip to Barcelona. While the weather wasn't on our side, with rain greeting us on most days, the city's vibrant culture, stunning architecture, and mouth-watering cuisine ensured we had an incredible experience.



From the moment we arrived, Barcelona's unique charm captivated us. We visited the magnificent Sagrada Família, its towering spires piercing through the misty sky. Park Güell, dazzled us with its colourful mosaics and whimsical structures. The rain did catch us off guard on a few occasions, including one particularly memorable moment when we got caught in an unexpected downpour as we were trying to find the Sagrada Familia.

A true highlight was witnessing an electrifying Flamenco performance. The dancers' passionate movements and the intensity of the music left us mesmerised. It was a cultural experience we won't soon forget. Food played a big part in our Barcelona adventure. Many of us tried tapas for the first time, indulging in a variety of delicious small dishes, from patatas bravas to Pan con tomate.

We also explored La Boqueria, Barcelona's famous food market, where the vibrant stalls were packed with fresh fruits, cheeses, and an array of local delicacies.

Despite the rainy weather, our trip to Barcelona was an enriching and thrilling experience. We returned home with a greater appreciation for Spanish culture, unforgettable memories, and a strong desire to return one day—hopefully with a little more sunshine!

Miss Savage



Year 7 STEM Challenge Day—Rocket Cars

For our Spring Co-Curricular Day, the Science team hosted Year 7 for a STEM Day Challenge. Who better to tell you about it than the students themselves:

'Today was a fun day for me as we got to plan and also theorise what was going to happen to our car and egg. For the egg we had to be strategic as we had to budget and also use our creative mindset. Even though we thought our egg was going to scramble it somehow made it out without a scratch. For the car we had to design, build and decorate it with the items we brought to school and borrowing things from other people. Even though there was no clear winner at least our one was the fastest. But of course we still had to clean up.'

— **Matthew**



'What I liked was that everyone had a part and no one was left out, you might have been building it or designing and decorating it. My favourite activity was the egg drop, I found it very fun.'

— **Sophie**

'What I liked about today was how we got to work as a team to build the cars as a group, it represents how teamwork works and how as a team you shall succeed and I loved how everything went well and the race was really fun. What was also interesting was how fast the rocket cars went. I loved how we got to choose our groups and I also loved how we got to do a little shop and use blocks to pay, that was really fun and I love how competitive everyone was and I love how everyone was supportive when they were building their cars. I love how everyone shared their equipment. I also loved how we all had fun and how my team won on the egg drop.'

— **Rafa**



'So the first thing we did was to save the eggstronaut. We had a budget of 12 pounds to buy what we wanted, then we tested them by throwing them down the stairs - my group's egg died..... it was so sad. Then we designed our rocket cars and named our group 'the preppiest of the preppys'.'

— **Tiana**

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Year 8—Hare Krishna Temple

68 souls graced the blessed grounds of Bhaktivedanta Manor, Hare Krishna Temple in Hertfordshire.

Nestled in lush green wooded landscapes, the students saw the impressive and beautiful cows grazing in the cow sheds. Many were amazed by the size and gentleness of these beautiful creatures. Some were awed by how approachable they were to them and enjoyed feeding them lush green vegetables. We were warmly greeted by the local devotees, giving us guided tours of the temple, cow sheds, Srila Prabhupada's rooms (The founder of the Hare Krishna movement) and then the inner temple room, where Sri Sri Radha Gokulananda (God in His personal form) are lovingly served. The philosophy was presented eloquently with students appreciating and being respectful of the newfound knowledge that was being presented. The slogan, "Simple Living, Higher Thinking" was prominent throughout the day.



The day ended with a feast for the eyes and senses, filling our stomachs with rice, puri, chips and a fried cheese vegetable curry. Students and teachers felt nourished both physically and spiritually, and left the temple happy and content. I can only vouch that students were true ambassadors to Holy Trinity, and we look forward to seeing the local devotees very soon. Thank you for inviting us, we look forward to coming again.

Mr Vaghadia

Year 9 Trip to London

Year 9 enjoyed a fantastic day trip to London to experience two very different museums, in both exhibits and atmosphere. Here are the thoughts of two students which capture the day's adventures:



"The V&A had plenty of exhibits that would appeal to all kinds of people. There was an impressive sculpture section, and surprisingly, a vibrant glasswork section, which was unexpectedly beautiful. On the first floor, there was plenty of historical paintings & metalwork, as well as relics of the old Church of England. Personally, this was my preferred museum of the two. The Science Museum was of less interest to me in comparison to the V&A, and was more orientated towards engineering, such as steam trains and some of the first cars. However, the aeroplane & information era exhibitions are something I would recommend to another - very fascinating. Due to the sheer scale of both museums, I would suggest you visit it yourself - since my limited time frame meant I couldn't see everything I wanted to - so you can enjoy it to its full extent." - **Ruth**



"I really enjoyed our trip to the Victoria and Albert Museum and the Science Museum last Friday. Generally, travel went smoothly, and the weather was good, so we sat outside to eat lunch. At the Victoria and Albert Museum, we saw a lot of artefacts. I particularly enjoyed looking at the instruments and trying to figure out where they might have been played. We also saw lots of glass-work, which was very impressive. My favourite was a glass branch covered in cherry blossom, which was hanging from the ceiling. We had a lot longer to look around the Science Museum, so after looking around for a while, we spent a long time investigating the steam trains. There was a model of half of an engine so that you could see inside the boiler, which is mostly a lot of pipes but still very interesting. We also enjoyed looking at the section about flight." - **Jess**

Year 10 Gatwick STEM Centre



Some Year 10's went to the Gatwick STEM Centre last Friday for our Cultural Capital day. The STEM Centre is a bespoke, hands-on space to engage and teach school children across the region about science, technology, engineering, math's and aviation.

The students took part in two different activities on the day, the first was to build their own Electric Vehicle to then compete with the other teams to see who's could win a race. The teams were given Gatwick money to spend so they had to decide which resources they should purchase to build the quickest car.

We saw the students work together to try and win, with different materials being used by each team. The second challenge of the day was to build a Lego vehicle which could be programmed to move between two lines, the competition this time was to program their car to move the quickest and finish on the end line. Again, we saw the students work well together, trying different ideas then re-programming their vehicles to improve each time. The students and the teachers really enjoyed the day and learnt a lot about electric vehicles. **Mrs Holton**



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Year 10 Pupils Visit London: A Day of Design, Food, and Exploration

Last Friday, we had the pleasure of taking a group of Year 10 pupils on an exciting trip to London. The journey itself was an adventure, with the pupils navigating travel and the Tube system with remarkable ease and confidence. For many, this was their first time using the Tube, but they handled it all like seasoned pros, making the trip both smooth and enjoyable.

Our first stop was the Design Museum in High Street Kensington. Here, the pupils had the opportunity to explore the fascinating world of product design, from the initial stages of creation to the final production of goods. The museum offered an insightful look into how products evolve and develop over the years, showing the real-life application of design concepts and engineering. The pupils were eager to learn, engaging with the exhibits and discussing the ways products have changed with time and technology.



After a thoughtful and educational experience at the museum, we headed to Borough Market. The weather was perfect as we arrived at this bustling location, and the pupils were immediately immersed in the vibrant atmosphere. They had the chance to see, smell, and taste a variety of seasoned foods from all over the world, with many taking the opportunity to sample the street food on offer. From fresh produce to gourmet treats, Borough Market provided an exciting opportunity for the pupils to experience the cultural diversity of London through its food scene.

With over 15000 steps taken throughout the day, we finally made our way back home to Crawley, tired but filled with memories of a fantastic day out. The pupils were a credit to the school, displaying exemplary behaviour and enthusiasm throughout the entire trip. They truly represented us in the best light, and we couldn't be prouder of them.

Mrs Chadwick

Year 11 Revision & Bowling



The Year 11 Curriculum Enhancement day was split into two parts, with the morning focusing on Maths and NeuroNinja and the afternoon being a trip to Hollywood! Well, not quite but Crawley's closest alternative, Hollywood Bowl. The Maths part focussed on key skills to learn in preparation for our upcoming GCSEs with a focus on learning about angles to help increase the scores on the bowling alley! The NeuroNinja session was focussed on students taking ownership of their revision workload and working out some measurable ways to count up their revision towards their upcoming GCSE exams.

In the afternoon, Year 11 enjoyed their spring walk from Holy Trinity to

Hollywood Bowl where they were able to put their morning of learning into practice where everyone was seen to be having a great time. Additionally, the staff at Hollywood Bowl commented that these were the best set of students they have had in a very long time, which was so nice to hear as their Year Lead. **Mr Simpson-Smith**

Sixth Form RPE Day

The 21st March saw both Year 12s and 13s consider the implications of the 'Terminally ill Adults (End of Life) Bill' currently being discussed at Select Committee level in the House of Commons for consideration to become law in the UK. Debating skills were honed through a variety of games, which were great fun but had a serious side when applied later in the day.



We were really pleased to have Peter Lamb MP for Crawley, join us for one session where he and members of the head team talked through some of the questions the bill raises, including reflecting on one of our underpinning elements of dignity and how it may be understood in this context. We also had a time of 'Q and A' considering what adequate safeguards might look like and their efficacy, the impact on the doctor/patient relationship and the role of faith in the discussion.

We are really grateful for Peter's time and considerable insight on the matter.

Finally, the day was rounded off with students having a debate on the whether the bill should be made law with students being challenged to argue for sides not necessarily reflecting their own personal view. It was a highly enjoyable but very thought provoking day and thanks should go to both staff and students that took part, for making it such a success.

Mrs Richardson



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MENU

THE HOUSE KITCHEN WEEK 1

21-Apr 12-May | 09-Jun 30-Jun | 21-Jul 01-Sep | 22-Sep 13-Oct

NOURISH GROW WITH US



	House Favourites Firm favourites for that home cooked feel	Rooted Full vegetarian or flexi, this option is great if you're giving meat a break	SIDES	DESSERT
MONDAY	Penne Bolognese with Garlic Bread	Roasted Vegetable Frittata	Steamed Broccoli	Mixed Berry and Apple Crumble with Ice Cream
TUESDAY	Chicken Chow Mein	Chinese Pakora with Stir Fry Noodles	Asian Salad Prawn Crackers	Sticky Coconut and Caramel Pudding
WEDNESDAY	The Nourish Roast Roast Turkey with all the Trimmings	Macaroni Cheese and House Salad	Roast Potatoes Seasonal Vegetables	Chocolate Mousse
THURSDAY	Buttermilk Fried Chicken with Potato Wedges	Cajun Bean Burger and Potato Wedges	Ranch Slaw	Baked Churros with Chocolate Sauce
FRIDAY	The Chippy Battered Fish Salmon Fishcake Pizza Margherita Sausages	Fully Loaded Cheese and Onion Potato Skins	Chunky chips Garden peas Baked beans	Chef's Special

FRESH FRUIT AND YOGHURTS



Delicious informal choices. Inspired by popular street food faves.

MONDAY
Chilli Chicken Box

TUESDAY
Smoky Beef Chilli Tacos

WEDNESDAY
Hoisin Tofu Noodles

THURSDAY
Turkey Hash

FRIDAY
Chef's Special



THE HOUSE KITCHEN WEEK 3

05-May 02-Jun | 23-Jun 14-Jul | 15-Sep 06-Oct

NOURISH GROW WITH US

THE HOUSE KITCHEN WEEK 2

28-Apr 19-May | 16-Jun 07-Jul | 08-Sep 29-Sep | 20-Oct

NOURISH GROW WITH US

	House Favourites Firm favourites for that home cooked feel	Rooted Full vegetarian or flexi, this option is great if you're giving meat a break	SIDES	DESSERT
MONDAY	Nando's Style Piri Piri Chicken with Spiced Potato Wedges	Grilled Cajun Halloumi and Mushroom Burger with Spiced Potato Wedges	House Salad	Sticky Lemon Sponge
TUESDAY	Thai Green Chicken Curry with White Rice	Pad Thai Curry Noodles	Prawn Crackers Asian Slaw	Dutch Apple Cake
WEDNESDAY	The Nourish Roast Lemon and Thyme Roast Chicken with all the Trimmings	Roasted Vegetable Tart with Garden Salad	Roast Potatoes Seasonal Vegetables	Homemade Rice Pudding & Strawberry Jam
THURSDAY	Beef Lasagne	Feta and Cous Cous Stuffed Peppers	Steamed Broccoli House Salad	Banana Caramel Sponge
FRIDAY	The Chippy Battered Fish Salmon Fishcake Jerk Chicken Pizza Margherita	Mozzarella Pesto Parcel	Chunky Chips Garden Peas Baked Beans	Chef's Special

FRESH FRUIT AND YOGHURTS



Delicious informal choices. Inspired by popular street food faves.

MONDAY
Reggae Reggae Chicken Wrap

TUESDAY
Loaded Street Cart Wedges

WEDNESDAY
Greek Grilled Cheese

THURSDAY
Indian Mezze Box

FRIDAY
Chef's Special



	House Favourites Firm favourites for that home cooked feel	Rooted Full vegetarian or flexi, this option is great if you're giving meat a break	SIDES	DESSERT
MONDAY	Traditional Sausage, Mash and Onion Gravy	Quorn Sausage, Mash and Onion Gravy	Garden Peas	Warm Boston Brownie and Ice Cream
TUESDAY	Makhani Chicken Curry with Pilau Rice	Roasted Aloo Gobi with Pilau Rice	Naan, Mango Chutney, Raita & Onion Salad	Strawberry Cheesecake Pot
WEDNESDAY	The Nourish Roast Roast Chicken with all the Trimmings	Feta and Squash Wellington	Roast Potatoes Seasonal Vegetables	Golden Syrup Sponge with Custard
THURSDAY	Southern Style Chicken with Savoury Rice	Sweetcorn Fritters with Savoury Rice	BBQ Beans	Warm Raspberry Sponge with Custard
FRIDAY	The Chippy Battered Fish Salmon Fishcake Pizza Margherita Crispy Chicken	Chickpea and Coriander Burger	Chunky Chips Garden Peas Baked Beans	Chef's Special

FRESH FRUIT AND YOGHURTS



Delicious informal choices. Inspired by popular street food faves.

MONDAY
Southern Fried Open Chicken Wrap with Ranch Slaw

TUESDAY
BBQ Sausage Burrito

WEDNESDAY
Falafel Mezze Box

THURSDAY
Jerk Chicken Rice Box

FRIDAY
Chef's Special



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Mac 'n' Cheese Tomato and Basil	Garlic Chicken Tomato and Basil	Spicy Sausage Tomato and Basil	Creamy Pesto Tomato and Basil	Tomato and Basil





FRESHLY MADE BAGUETTES, SANDWICHES AND SALAD POTS

For allergen information, please speak to a member of the catering team.

LIVING ★ YOUR ★ TASTIEST ★ LIFE

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Running the London Marathon to raise money for Pancreatic Cancer UK

Hello everyone. This is Mr Bussens. Most of you will know me as a PE teacher here at Holy Trinity. I just wanted to share my story of how I have teamed up to work with the charity Pancreatic Cancer UK.

Just over 2 years ago, I sadly, and suddenly, lost my dad to pancreatic cancer. My dad was the greatest man I knew, and his loss hit me and my family really, really hard. I'll be honest, I didn't know much about pancreatic cancer, other than it affects the pancreas. He had no symptoms until just before he was diagnosed and was always fit and healthy. Unfortunately, what I came to realise is that once you get diagnosed with this type of cancer, it is often too late. Pancreatic cancer only has a 7% survival rate past 5 years. Sadly for us, my Dad passed away only 6 weeks after being diagnosed. He was only 71. It broke us.

I have made it my mission to raise awareness and money for Pancreatic Cancer UK, a charity that offered me and my family so much support whilst going through the loss of my Dad. So I have teamed up with the charity and I am running the TCS London Marathon this year (next month in fact!) in memory of my dad. I am hoping by fundraising for this incredible charity, we can raise money and awareness and improve the outcomes for those who are diagnosed with this horrible disease.

If anyone was able to donate and help to raise money for Pancreatic Cancer UK, I would be forever grateful for your support.

If you can, please see a link below to my fundraising page:

<https://2025tcslondonmarathon.enthuse.com/pf/adam-bussens>

Thank you all so much in advance for your support.

Mr Bussens



Neuroninja

Over 3 consecutive Wednesday's, Andrew from [Action Your Potential](#) will share key strategies to support parents & carers and students in managing the last few months before summer exams.

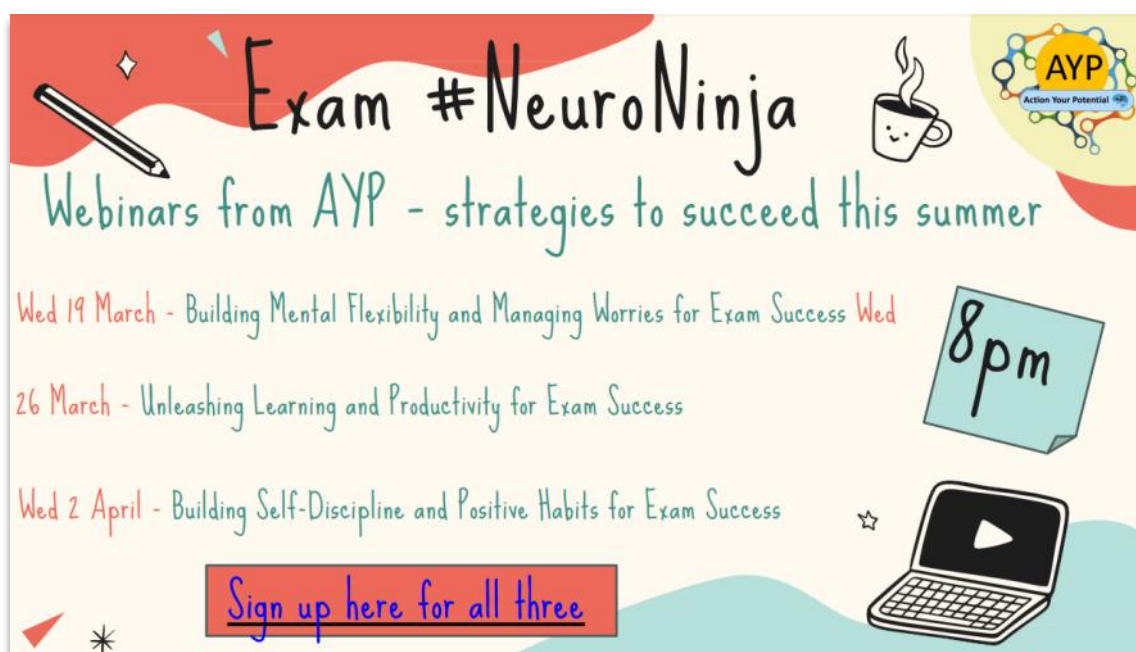
If you wish to join the webinar you [can sign up here](#).

Wed 19 March: Building Mental Flexibility and Managing Worries for Exam Success

Wed 26 March: Unleashing Learning and Productivity for Exam Success

Wed 2 April: Building Self-Discipline and Positive Habits for Exam Success

All webinars start at 8pm.



Exam #NeuroNinja

Webinars from AYP - strategies to succeed this summer

Wed 19 March - Building Mental Flexibility and Managing Worries for Exam Success

Wed 26 March - Unleashing Learning and Productivity for Exam Success

Wed 2 April - Building Self-Discipline and Positive Habits for Exam Success

8pm

[Sign up here for all three](#)

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Important Notice to All Parents

From 1st April 2025 all branded items of Holy Trinity School uniform can be purchased from Taylor Made Uniforms.

You will no longer be able to purchase ties or blazer badges directly from the school via SCOPAY and Broadbridges/ Trutex will no longer stock our other school branded items.

For your convenience details of the school's uniform requirements can be found [here](#)

School Rebuilding Project

Following the consultation for the School Rebuilding Project held on Wednesday 5th of March, we'd like to encourage all parents & carers to provide feedback on the proposal.

If you weren't able to attend the consultation or would like to find out more, information about the plans for the new school building as well as an electronic feedback form can be found [here](#).

Mobile Phones & Accessories

Thank you for your support in implementing our new mobile phone and accessories policy. I am so proud of how positively students have responded to these changes. The overwhelming majority of students have understood why we have introduced a new policy and have met these new, higher expectations.



This has had a huge impact already, with students communicating and engaging more with their teachers and in lesson, and with each other at break time. This has been seen across all year groups. One member of staff commented that Sixth Form students were entering classrooms more positively and engaged. And a student commented that no phones could be seen in the central courtyard of Beith Court during the day.



Thank you as parents and carers for your support and for the work you have done with your children to prepare them for this change in policy. A recent research study suggested the impact of reduction of screen time could lead to improved mental health, better sleep and physical activity, and longer, term, better academic progress. What changes have you noticed in your children?

Please continue to support the school by not contacting your child during the school day so that their learning is free of distractions. We ask that you do not contact them during the school day or while they are on site. In the rare case that that you need to pass a message to your child (e.g. in case of emergency), please contact the school office on 01293 423690. If your child needs to speak to you, this must not be done during lesson time. They can use a school phone via their Year Team during either break.

Mr Sheppard

HOLY TRINITY VACANCIES

Teaching Vacancies:

Teacher of Computer Science - closes 9am Friday 28th March 2025

Subject Leader of Computer Science - closes 9am Friday 25th April 2025

Science Teacher - Key Stage 4 Leader - closes 9am Friday 25th April 2025

Science Teacher - closes 9am Friday 25th April 2025

Support Staff Vacancies:

Basketball Coach - closes 9am Friday 28th March 2025

Science Technician (Chemistry) - closes Friday 28th March 2025

**WE ARE
HIRING**



If you are interested in teaching and want to find out more about our Post Graduate teacher training programmes, then please join us at our next virtual post graduate open event which is being held on the 26th of March. You can register by contacting studyhere@chi.ac.uk

You can also email Debs Wilkinson (d.wilkinson@chi.ac.uk) to talk about the primary courses and Jeremy Smith (j.smith@chi.ac.uk) to discuss the secondary routes.

Term Dates 2024-25

DATE	EVENT
Fri 4 April	Last day of spring term
Mon 7 - Mon 21 April	Easter holiday
Mon 21 April	Bank holiday
Tues 22 April	First day of summer term
Mon 5 May	Bank holiday
Mon 26 - Fri 30 May	Half term
Mon 26 May	Bank holiday
Tues 22 July	Last day of summer term

Early finish – Friday 4th April 2025

Please note there is an early finish and a slightly different timetable on Friday 4th April

Period 3 begins at 11.40am as normal but there is a staggered dismissal:

- 12.20pm - Years 10 and 11
- 12.30pm - Years 8 and 9
- 12.40pm - Year 7.

There will be no Period 4 or 5, with students permitted to leave site when dismissed. Students who need to wait for a sibling to be dismissed before travelling home together can do so in the Main Hall.

Students who receive free school meals in Years 9-11 will also be able to collect a packed lunch from Reception on their way home.



Term Dates 2025-26

DATE	EVENT
Wed 3rd September	INSET Day No Students in School
Thurs 4th September	Induction Day for Y7 & Y12
Fri 5th September	Induction Day - Y7 in school all day. Others according to programme
Mon 8th September	Induction Day - Y7 in school all day. Others according to programme
Tues 9th September	ALL STUDENTS in school
Wed 24th September	Year 6 Open Evening
Thurs 25th September	INSET Day
Mon 27th - Fri 31st October	Half-Term
Thurs 27th & Fri 28th November	INSET Days
Fri 19th December	Last Day of Term
Mon 5th January	First day of Spring Term
Mon 16th - Fri 20th February	Half-Term
Fri 27th March	Last Day of Term
Mon 13th April	First Day of Summer Term
Mon 25th - Fri 29th May	Half-Term
Wed 22nd July	Last Day of Term

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Important info...

Named items of clothing - Uniform, PE Kits, bags etc...

Can we please remind parent's and carers to put their child's name into each piece of school clothing. This will reduce the risk of items being taken by mistake, and although your child may misplace things from time to time, items that are labelled with a name stand a much higher chance of being returned.

Water Bottles

We would like to remind parent's and carers to send their child/ children into school with a refillable water bottle. There are an increasing number of students arriving to first aid and requesting paper cups for water, however these cups are only stocked for first aid purposes.

There are water fountains in various locations around the school where students can refill their water bottles before school and during first and second break. Thank you for your support.

From Monday 7th October there will be a new link in the Parents Section of the school website that will allow parents to submit changes of contact details for students and family members. The form will allow parents to submit changes to emails, addresses, phone numbers, or names.

Link: [Change of Contact details form](#)



Can we please remind parents to install the Classcharts app and to check it daily. You can monitor your child's attendance, behaviour, detentions, homework or generic issues.

Please contact Mrs Digan via email if you need access to this: sdigan@holytrinitycrawley.org.uk



NHS Website Studybugs App



Academic progress is directly linked to school attendance. Students with a lower attendance are less likely to perform as well as their peers, they are also less likely to achieve the grades needed for university or further education. With this in mind, we wanted to outline our school attendance expectations to help you make an informed decision when your child is unwell.

We expect students to attend school if they have a headache, stomachache, cold or period pain as these are minor illnesses and should be manageable with pain relief. We will contact you if we feel your child is too unwell to remain in school. Please visit the [NHS Website](#) if you are unsure whether to keep your child at home.

If you need to report your child as absent through illness, please use the [Studybugs App](#)

FYI...!

Potential Hospital Visit

We are looking to connect with parents and carers that work in local hospitals and medical facilities. We are interested in organising future school trips to further the opportunities and experiences of our students.



If you are able to help, please contact:

cmitchell@holytrinitycrawley.org.uk

ALLOTMENT APPEAL

Welcome to the school's allotment that the Alternative Provision Team are working on right now. We are asking for donations of tools and would be really grateful if anyone had any of the following items they could donate to us:

Wheelbarrow
Sheers
Gloves
Shovel
Seeds
Soil
Welly Boots
Watering Cans





Girls Development

The Girls Development Centre is our Girls football programme and pathway at Crawley Town Community Foundation. Over recent times we have developed strong relationships with many women's first teams which we can aim to feed our graduating U16 players into.

The goal of the programme is to help improve technical ability and knowledge through high quality sessions that are delivered as additional training alongside any other training your child may already attend.

We want to give players opportunities to grow and progress with us through the age groups, from U7s to U16s with the chance to represent Crawley Town in friendly fixtures against other clubs and organisations.

We can also complete player referrals for talented individuals to the England Girls youth pathways once aged U13 or over.

Would your daughter be interested in joining our Girl's Development Centre? Please scan the QR code below to register your interest or email frankie.angel@crawleytownfc.com



Scan me to register!

If you have any questions or need any other extra info please contact us at community@crawleytownfc.com or call 01293 410000 ext 2.

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Letters



Please be advised that 'whole school letters' and 'year group specific' letters will always be sent via the weekly newsletter. Letters for specific groups of students will be sent out separately via email.

Letters added this week:

Years 7,8,9,10 & 11

- SRE Letter. Please click [here](#)

Years 8

- Deer's Leap Park Letter. Please click [here](#)

Year 12

- Year 12 PPE Letter. Please click [here](#)

Previous important letters:

Whole School

- Years 7-11 CENTURY Parent Guardian Portal. Please click [here](#)
- Years 7-11 CENTURY Parent Guardian Portal Guide. Please click [here](#)
- Years 7-11 Geography Homework. Please click [here](#)

Year 8

- Year 8 residential trip (*this letter was originally sent to parents on Friday 27th September*). Please click [here](#)
- Year 8 Safer Crawley Letter. Please click [here](#)

Year 10

- Year 10 Work Experience. Please click [here](#)

Year 11

- Year 11 - Sixth Form Open Evening & Application form. Please click [here](#)

Early finish - Friday 4th April

Please note that due to the end of Spring term there is an early finish and a slightly different timetable on Friday 4th April.

Tutor time, Periods 1&2 are as normal:

- 8.45-9.10am - Tutor Time
- 9.10-10.10am - Period 1
- 10.10-11.10am - Period 2

1st break is the normal time of 11.10-11.40am. Years 7 and 8 may use the Refectory as normal, along with any students who receive free school meals in Years 9, 10 and 11.

Period 3 begins at 11.40am as normal but there is a staggered dismissal:

- 12.20pm - Years 10 and 11
- 12.30pm - Years 8 and 9
- 12.40pm - Year 7.

There will be no Period 4 or 5, with students permitted to leave site when dismissed. Students who need to wait for a sibling to be dismissed before travelling home together can do so in the Main Hall.

Students who receive free school meals in Years 9-11 will also be able to collect a packed lunch from Reception on their way home. Staff will escort students to the gates to wish them a Happy Easter as they leave site.

School resumes at 8.45 on **Tuesday 22nd April**.

Reminder of uniform expectations

After Easter there will be a school focus on uniform to ensure that all students are smartly dressed in line with our school expectations. This is really important to us as a school and it links with our underpinning elements of Dignity and Community; we expect students to wear our uniform with pride.

All students are being reminded of our uniform expectations in school before the end of term. Full details of our uniform are available on our website [here](#), but I would like to particularly remind you of a number of important items. Please ensure your child:

- **Brings a blazer to school** and is wearing this when they arrive onsite.
- **Wears a tie** and formal school shirt.
- Does not wear sports clothing or other non-uniform items as this will be **confiscated**.
- Wears **grey, black or navy-blue socks** rather than white.
- Wears smart shoes that are **flat, plain black leather which can be polished**, and does not wear trainers (even if they are black).
- Does not wear jewellery. The only permitted jewellery is a wristwatch and **one small plain stud in each ear**.
- Comes to school fully equipped for their lesson with the necessary equipment.
- Does not dye hair a colour that is distinct from their own natural colour.
- Does not have acrylic nails or false eyelashes.
- Does not have any more makeup on than is **minimal and discreet**.

Please help support the school and your child to rectify anything that cannot be addressed in school (e.g. acrylic nails). **Students will be told to remove anything which is not permitted by our uniform policy** and should not be upset if this happens as they have been forewarned.

This includes all piercings other than outlined above (including nose piercings, which are not permitted). Please ensure that students do not have any new piercings or hair dyed an unnatural colour during the holiday, as this will need to be rectified before students can attend school.

We are aware that there are a small minority of students who currently have issues surrounding certain aspects of their uniform, or who have permission to wear an adapted uniform (e.g. for sensory issues). Please note that all existing agreements will remain, and if there are any issues that can't immediately be rectified then a member of the pastoral team will contact home and issue students with a pass.

After Easter, **any students who wear, or bring into school, items which are prohibited will have these items confiscated**. There will be further information in next week's newsletter about the uniform focus next term.

Thank you for your support in ensuring that these high standards are maintained.

Mr Sheppard

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the spring challenge

Week: 3—17th March—24th March

Place	Name	Score
1	Rabia	
2	Joshua	
3	Nelson	
4	Eleora	
5	Gurleen	
6	Zara	
7	Zainab	
8	Bianca	
9	Kavin	
10	Belinay	

boost your score!

CENTURY

spring challenge

school & college competition

In addition to all of the amazing work our students already do on Century, Holy Trinity is taking part in the Century Spring Challenge School & College Competition.

The Spring Challenge started last week and our students are already off to a flying start—check out the leaderboard for last week!

The Spring Challenge runs from the 3rd to the 30th of March, so don't forget to log in to boost your score and complete assignments set by your teachers.

Good Luck Everyone!

3rd–30th March
Log in to boost your score!

Science Department

Each week the Science Department shares the names of the top 2 students in each year group and these are our Century Stars.

Students who are named Century Stars are awarded an achievement point for all their hard work.

This week's Century Stars are:

- Year 7** Nelson & Munachiso
- Year 8** Joshua & Tiana
- Year 9** Shivam & Lola
- Year 10** Caleb & Kayla
- Year 11** Elliott & Zainab

MFL NEWS

Updates!

French

LE PETIT DÉJEUNER À HTS!
KS3
BISTRO FRANÇAIS! 4+1
MERCREDI 08H00

HOLY TRINITY MFL NEWS!

A HUGE well done & *félicitations* to our **3 top LINGUISTS** in our **LANGUAGEUT JANUARY COMPETITION!** Students **IN ALL YEAR GROUPS** competed right up until the last hour to get on the leaderboard! Our **WINNERS Tolu, Maheer & Aroush** will all receive cash vouchers in this week's awards assemblies!

WATCH THIS SPACE! THERE WILL BE MORE DIGITAL LANGUAGEUT COMPETITIONS TO COME OVER THE COMING MONTHS!

En plus!!!! I'm pleased to announce a **new French breakfast club for KS3 STUDENTS.** This will be an opportunity to meet and practice our language skills whilst sharing traditional pâtisseries together!

Madame Merry

COMPETITION WINNERS!!!!!!

AMAZON VOUCHERS WINGING THEIR WAY TO OUR TOP 3 LANGUAGEUT LINGUISTS!

Rank	Name	Class	Points	Certificate
1	Tolu	10A/Fr1 24-25	2,849,900	★
2	Maheer	10A/Fr1 24-25	2,485,800	★
3	Aroush	8S2/Fr2 24-25	2,383,100	★

CLASS LANGUAGEUT LEADERBOARD!

MORE COMPETITIONS TO COME!

1	10A/Fr1 24-25	5,858,500
2	8S2/Fr2 24-25	5,517,400
3	7N2/Fr1 24-25	2,348,500
4	7N2/Fr2 24-25	1,734,700
5	8N2/Fr2 24-25	1,707,500
6	8S1/Fr1 24-25	1,688,900
7	7S1/Fr2 24-25	1,237,400
8	7S2/Fr2 24-25	1,090,100
9	9S2/Fr2 24-25	1,074,900
10	7N1/Fr1 24-25	938,400

Special Educational Needs & Disabilities



The Government is creating a new ten-year National Youth Strategy to tackle the challenges for this generation of young people and ensure that every young person can thrive. The National Youth Strategy will bring power back to young people and their communities and improve youth focused services, moving away from a one-size-fits-all approach.

Please encourage and support young people aged 10-21 (aged 25 with SEND) to shape this once in a generation strategy.

The survey runs until 16th April. If the young person is under 16, they will need a parent or guardian to start the survey off.

NYS - Deliver You - iwill

Faculty of Education and Society

Promoting and supporting autistic students' mental health in mainstream secondary schools in England



Hello! My name is Şeyda Çetintaş.



I am a doctoral student at University College London.

I want to hear from young people aged 11-16 with a diagnosis of autism and enrolled in mainstream secondary schools in England.

What are your experiences of school mental health awareness and school mental health support?



What is involved?

- 1 Introductory online meeting session with parent and young person to share interview schedule and pre-interview task.
- 2 Online meeting with young person to discuss their photos, drawings, notes or poems to express their ideas about wellbeing at school.

How can you take part?

For parents → Scan the QR code below to access the expression of interest form.

Want to know more?

Scan QR code to access the online questionnaire along with the information letter, or email Şeyda at seyda.cetintas.21@ucl.ac.uk



Child Development and Learning Difficulties Lab

West Sussex Disability Register

The library service runs the Disability Register for young people under 25 who have Special educational needs and disabilities.

You can find out more about the West Sussex Disability Register, as well as who can sign up, what benefits there are or how to renew your membership if you are already on the register by visiting: [West Sussex Disability Register](#) to read their page or watching their [video](#)

The West Sussex Disability Register team can be contacted using the following details:

Email:

disabilityregister@westsussex.gov.uk

Phone:

0330 222 7725

You can also find lots of helpful information about the [West Sussex Local Offer](#) including, services available in your area, information about EHCPs, grants, funding & benefits and much more.

West Sussex Libraries SEND Resources

Your local library has more than books. Including:

- Sensory Stories
- Understand me – the communication library
- Story Magic and other activities
- Specialist books and resources to support children and young people with a range of needs including, autism, dyslexia, visual and hearing impairment.

Find out more:

westsussex.gov.uk/libraries



Email us: disabilityregister@westsussex.gov.uk

Sign up to the West Sussex Disability Register!

Do you have a young person in your family aged between 0-25 who has a disability? Sign up now to:

- Help influence services and plan events
- Receive regular eNewsletters with local events, activities and information
- Access discounts on local and national attractions
- Find out about free specialist library resources.

westsussex.gov.uk/disabilityregister



Email us: disabilityregister@westsussex.gov.uk

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HTS Storm Basketball

We are pleased to announce an ongoing partnership with Preston Johnson and his associates, providing new opportunities for students at Holy Trinity School and players at Sussex Storm Basketball Club to compete at a higher level in Europe. See the full story [here](#)



Click [HERE](#) to check out Storm Basketball's Facebook page



PERFORMING ARTS AT HOLY TRINITY

• INDEPENDENCE • PROFESSIONALISM • CREATIVITY •

<https://www.htsperformingartsacademy.co.uk/>

 HTS Performing Arts Academy  @htsperformingartsacademy

Huge congratulations to all the Year 11 Drama students who took their GCSE Drama Component 2 practical exam this week. Your hard work and dedication paid off and the final performances displayed just how much you are capable of - Well Done!



Year 9 Drama Express Club continues for students who we think would excel at GCSE Drama, Weds Week B after school. If you have opted for GCSE Drama please come along to develop your skills.

Finally, auditions will take place for our KS3 musical showcase soon - ask your Drama teacher for more details.

Follow us on social media for announcement soon to see which musical we will be working on!

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Basketball Club Timetable

Day	Location	Before school	Break 11:10-11:40	Lunch 12:40-1:10	Afterschool
Mon	Gym	Shooting academy	Academy only	Yr 7 girls	1st team practice 2nd team practice Girls s&c Yr8/9 boys
	Ball Hall		Yr 10/11 boys	Yr 7 boys	
Tue	Gym	Shooting academy	Academy only	Yr 7 boys	Girls practice 1st team s&c 2nd team s&c Yr7
	Ball Hall			Yr 7 girls	
Wed	Gym		Academy only		
	Ball Hall				
Thur	Gym	Shooting academy	Academy only	Academy only	Yr 8/9 girls
	Ball Hall				
Fri	Gym	Shooting academy	Academy only	Academy only	Y7 boys 6th form shooting
	Ball Hall				

PE Extra Curricular Timetable 2024—2025

Day	Before School 08:00 – 08:30	LUNCH		After School 15:30 – 16:30 (unless stated otherwise)
		11:10 – 11:35	12:40 – 13:05	
Mon				Netball – All Years Front Courts Girls Football – All Years Field
Tue	Badminton All Years Ball Hall			
Wed		Year 9 -11 Bad- minton – Ball Hall	Year 7 – 8 Bad- minton Ball Hall	Boys Football – All Years Field
Thur				Badminton All Years Ball Hall Trampolining All Years Ball Hall
Fri	Indoor Football All Years Ball Hall			Running Club All Years 15:30 – 16:30 Field

Dance- Yes Project

- After School
- Tuesdays
- Time 3:30-4:30
- Equipment HTS PE Kit

Come and
speak to Mr
Bussens or Mr
Freeman



Rugby

- Year 7-10
- After School
- Boys-Mondays
- Girls -Tuesday
- Time 3:30-4:30
- Equipment You must bring
and wear a gum shield, plus
HTS PE kit and boots



NOW FOR YEARS 7-10



Open to year 7-10

For all clubs:

Before school/break time:

School uniform can be worn but **must** have trainers to change into.

After school:

Change into PE kit._Make sure that your parents / guardians know that you are staying late._Plan how you are going to get home safely!

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Attendance

For All Student Absence including Medical Appointments:

Parents/Carers are politely requested to notify the school of your child's absence using the Studybugs app no later than **8.00am** on the day your child is absent from school. If you do not have internet access, please call the schools main number on **01293 423690** (and select option 1) to report your child's absence.

In order for us to correctly code your child's absence from school, we require the following information: your child's full name, form group, and a brief reason as to why they are absent. Please also include, if your child has permission to make their own way home or if they will be collected. This helps to assist our Reception team.

If your child is absent from school and we have not received notification from you, the school will send you an absence email requesting your response. It is imperative that you keep the school informed at all times if your child is going to be absent.

For Medical issues including Student Medication or Vaccination Enquiries: medical@holytrinitycrawley.org.uk

Dates for vaccinations for the next academic year:

- 27th June 2025** - HPV - Year 8 and any missed students.

Minutes Late	Days Lost Per School Year
5 minutes	3 days
10 minutes	6.5 days
15 minutes	10 days
20 minutes	13 days

Attendance Ladder




Please get the **free Studybugs app** for reporting your child's absence due to illness.

<https://studybugs.com>

Download on the App Store | GET IT ON Google Play | Get it from Microsoft

Report sickness, receive guidance, help improve children's health
See what illnesses are going around
Secure system, all communications encrypted

Medication in school: Paracetamol can be administered for minor ailments during the day. If this is before 12pm, a phone call home will be required to gain verbal parental permission. Please note only one dose is permitted to be administered during the school day. If Ibuprofen is required, a phone call home to gain verbal parental permission will now be required at all times. Antihistamine will no longer be given for Hay fever as per West Sussex County Council regulations, please ensure if your child requires Antihistamine for Hay fever, they are given this before school. If your child needs any other medication, this must be prescribed by a GP, be in its original packaging and include the Patient Information Leaflet and the consent forms completed and returned to First Aid.

Consent forms for medication can be obtained:

- From the First Aid room
- By sending an email to medical@holytrinitycrawley.org.uk
- As a download from this link [here](#)



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What's happening



HOLIDAY ACTIVITIES



7 - 9 April
BOGNOR REGIS - Rap & Lyric Writing
CHICHESTER - Interactive Soundtrack & Music
CRAWLEY - Music Production & DJ
 - Interactive Soundtrack & Music
LITTLEHAMPTON - "Soundz" Contemporary Choir
WORTHING - Rock & Pop Band
 - Interactive Soundtrack & Music

AGES 8 - 16 YRS
SIGN UP HERE
WWW.WESTSUSSEXMUSIC.CO.UK/HOLIDAYACTIVITIES



westsussex.gov.uk/HAF

Holiday Activities and Food (HAF) for children

Children and young people aged 4 to 16 who are eligible* for benefits related free school meals can take part in free clubs during the Easter, Summer and Winter holidays. A free nutritious meal is provided as part of the scheme. Visit our website to find activities near you and book your place.



STUDY STUDIO

NEED HELP WITH A SUBJECT OR A QUIET SPACE TO DO HOMEWORK?

JOIN US:

MONDAY-THURSDAY
3:30-4:30PM

WHERE: LEARNING HUB (G14)

Are you or do you know someone aged 15-18 who wants to find out more about working in the NHS?



Apply NOW for our next work experience event!

Are you autistic or do you care for someone who is? Have your say!

We want your views about how autism-friendly West Sussex is. Survey live **Monday 14 October - Monday 16 December 2024**.



To find out more, including more about our in-person workshops, visit: westsussex.gov.uk/autism-all-ages

CHIDDINGSTONE CASTLE AMAZING ANIMAL ENCOUNTERS EASTER HOLIDAY ACTIVITY

WEDNESDAY
9TH & 16TH
APRIL

3 SESSIONS
11:30 - 3 TO 8 YRS
12:15 - 8+ YRS
13:45 - SEN



MEET A VARIETY OF ANIMALS WITH MARIA FROM AMAZING ANIMAL ENCOUNTERS! LEARN LOTS AND COME AWAY APPRECIATING THE NATURAL WORLD EVEN MORE

INTERACTIVE | EDUCATIONAL
RESPECTFUL | THERAPUTIC | FUN

PRE BOOK ONLINE - £12 PER CHILD PLUS BOOKING FEE

11:30AM (LITTLES 3-8YRS) CHIDDINGSTONE CASTLE, HILL HOATH ROAD, TN3 7AD
12:15PM (BIGGYS 8YRS UP)
1:45PM (SEN)

www.chiddingstonecastle.org.uk/whats-on

Play tennis at Crawley Parks Tennis

Exclusive offer for you

Did you know that Crawley has nine refurbished and upgraded tennis LTA registered courts? Located at Maldenbower, Southgate and West Green Park.

An annual household season ticket covering all courts costs Crawley residents just £46.20 for the year per household. A household season ticket covers up to five people and can be used for a maximum of two hours of tennis per week and a maximum of two hours of tennis per day. That's just 19p a game!

Or you can pay and play for just £8 per hour on a pay and play basis. An additional fee of £2.10 for members or £4.30 for non-members will be payable for the use of floodlights at West Green Park.

Family joining Crawley Parks Tennis?

Enjoy a special £5 off voucher for an annual seasonal membership at Crawley Parks Tennis.

To activate this offer - Please email tennis@crawley.gov.uk quoting **COVIDOFFER**. We will then be in touch with a link to set up your discounted annual seasonal membership. For more information on the Crawley Parks Tennis visit: crawley.gov.uk/crawley



Free tennis pre-conditions

Free, social tennis sessions. You can sign up to a session at West Green Park - no matter your age, background or ability - and play tennis for free on select Sundays at 10am.

- only child can attend Free Park Tennis
- under 12 need to be accompanied throughout the session by an adult
- 13+ can come on their own but should be picked up and dropped off by an adult

See: clubspark.lta.org.uk/westgreencoaching

Coming soon

Free sessions for individuals, families and clubs aged 12 and over at Maldenbower Park every Saturday from 11am to 12pm.

• for all ability levels

• all equipment provided

For more information visit: clubspark.lta.org.uk/14/maldenbower

Where to play

Here are the Crawley Parks Tennis venues where you can play:

- Maldenbower Park, Maldenbower Drive, Crawley RH10 7HG
- Southgate Park, Southgate Avenue, Crawley RH10 6HG
- West Green Park, 11th Avenue, West Green, Crawley RH11 7AJ

AUDIOACTIVE

FREE EASTER HAF ACTIVITIES FOR YOUNG PEOPLE AGED 11-16

Who are eligible for benefit-related free school meals **PRODUCE, WRITE, DJ & RECORD** @ AudioActive Worthing, Montague St 8th, 9th, 10th & 11th APRIL, 10:30 - 2:30 **Free lunch provided**



Register for a place at audioactive.org.uk/haf



Kids tennis at Crawley Parks

with Summit Tennis

- **WALKING TO SIX YEARS OLD**
- **5.5 YEARS TO 8.5 YEARS OLD**
- **8.5 TO 12.5 YEARS OLD**
- **12.5 YEARS TO 16 YEARS OLD**

Come along to one of our fun, free Easter taster sessions

Thursday 10 April at Maldenbower Park

Thursday 17 April at West Green Park

For more information and to register your interest, visit

summit-tennis.com/crawleyparkstaster



NEW

West Sussex Mind

FREE

PARENTING MENTAL HEALTH COURSE

A 5 WEEK COURSE FOR PARENTS AND CARERS TO GAIN KNOWLEDGE AND UNDERSTANDING AROUND SUPPORTING CHILDREN & YOUNG PEOPLE'S MENTAL HEALTH, OFFERING A SAFE SPACE TO REFLECT AND FIND PEER SUPPORT.

TOPICS INCLUDE SELF-ESTEEM, ANXIETY & EMOTIONS, COMMUNICATION AND MORE!

WORTHING - 24TH APRIL - 5TH JUNE (WEEKLY)
 10AM-12NOON
 8-10 DURREINGTON LN, WORTHING BN13 2QG

CRAWLEY - 19TH JUNE - 17TH JULY (WEEKLY)
 12:30-14:30
 BEWBUSH CHILDREN & FAMILY CENTRE, DORSTEN SQUARE, CRAWLEY RH11 8XW

BOGNOR REGIS - 18TH SEP - 16TH OCT (WEEKLY)
 10AM-12NOON
 ARUN WEST FAMILY HUB, LABURNUM GROVE, BOGNOR REGIS PO22 9HT

REFRESHMENTS PROVIDED!

TO SECURE YOUR PLACE OR FOR MORE INFORMATION, PLEASE EMAIL:
PARENTINGSUPPORT@WESTSUSSEXMIND.ORG

Crawley College

EMPLOY ME

EARN MORE OVER YOUR LIFETIME

Resilient GCSE English and maths is like taking up a mountain. The path might be steep and challenging. You may need to take breaks or even backtrack at times. However, the ultimate goal is to reach the summit.

Similarly, GCSE's can be tough and may require extra time and effort. But what's most important is achieving the qualifications, not how quickly you get there.

The journey might be different for everyone, but reaching the destination is what truly counts.

Achieving a grade 4 in your GCSE English and maths means you will earn:

£211 more per week

£11,000 more per year

£495,000 more in a lifetime

*According to Government figures - GCSE attainment and Lifetime earnings (gov.uk). Figures rounded down. Based on minimum wage as of September 2024.

STUDY SMART
 Free Online Courses

spire Education

ncfe

cache

Education & Skills Funding Agency

Fully Funded School Support Course

Available in Levels 1, 2 & 3

***Go to our website for more detailed information.**

6 Week Course
Mon - Fri
Daily sessions
1st session 9:30 - 11:30am
2nd session 12:30 - 2pm

www.studysmartuk.online

Safeguarding

mumsnet
by parents for parents

NSPCC

Eating Disorder Support - Shout 82558

Shout 82558, is a free and confidential text messaging support line for people struggling to cope. The digital service, has issued new guidance on the issue of eating disorders. Eating disorders are recognised by the NHS as a 'mental health condition where you use the control of food to cope with feelings and other situations'. Recognising an eating disorder is the first step towards healing and regaining balance. There are various types of eating disorders, including Anorexia Nervosa, Bulimia, and Binge Eating Disorder. However, some individuals might not fit into these categories and instead experience Other Specified Feeding or Eating Disorders (OSFED) or ARFID (Avoidant Restrictive Food Intake Disorder), which is more common among individuals with autism. Understanding these different experiences helps us better support those going through these challenges. If interested in finding out more, please visit their [website](#)

shout
82558
here for you 24/7

Dealing with grief & bereavement can be very difficult—if you would like to find out how to help your young person, please see the link below:

[Neuroninja - Responding to Grief Course](#)

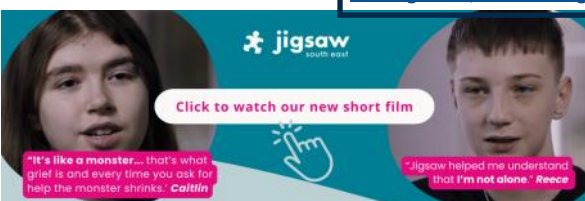
pathfinder
west sussex
FOR BETTER MENTAL WELLBEING

Do you and your child know how to spot persuasive digital marketing tactics in apps and games? Check out this learning module to learn how to support and protect your family. <https://better-internet-for-kids.europa.eu/en/learning-corner/parents-and-caregivers/marketing-games>

childline
ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111

Support for
Parents
Click here

West
Sussex
mind



Helpline:
Jigsaw South East runs its helpline 9.30am-12.30pm on weekdays, providing guidance, support and information **both for families and professionals**. The helpline contact number is 01342 313895 and is staffed by our support workers. Outside of these hours, please leave a message or alternatively you can email us at: helpline@jigsawsoutheast.org.uk
"We support children across Surrey and some nearby surrounding areas in West Sussex, East Sussex and Kent."



4 WAYS ALGORITHMS CAN NEGATIVELY IMPACT CHILDREN AND YOUNG PEOPLE

- 1 Mental health**
Excessive engagement with negative content can increase anxiety and depression.
- 2 Misinformation and echo chambers**
Young people may encounter misinformation and hate speech due to user-generated content in their feeds, limiting exposure to diverse opinions and reducing healthy views.
- 3 Body image and self-esteem**
Social media promotes unrealistic beauty standards. The constant exposure to such content can negatively impact the self-esteem of young people who aspire to meet these standards.
- 4 Inappropriate content**
It is very easy to come across content which is not age appropriate. This can be of a sexual nature, violent, sexist and racist.

Exam Self Care - Young Minds

We all know that exams are extremely challenging, not only because of what we have to learn, but also because they can affect our mental health. We're told to take regular breaks, but some find it hard to know how best to use them. Exam pressure is a rich topic for which there is plenty of advice. However, much of this advice focuses on study techniques to memorise exam topics. The reality is that much of the most vital revision is executed when one is not revising. Sometimes this aspect of revision can be more important than the active element. If interested in finding some top tier self-care tips to share with your class, please follow the link: [Young Minds Exam Self Care](#)

THINK BEFORE YOU SHARE

<https://www.thinkbeforeyoushare.org/>

Young people are sharing nudes for all kinds of reasons – with people they know, and people they don't. Find out what you need to know. An IWF campaign.

If you need support, help is out there...

Crisis Services:

SAMARITANS
116 123 (open 24/7)
PAPYRUS
0800 068 41 41 or Text
PAPYRUS to 07860 039967

For emotional wellbeing:
e-wellbeing.co.uk
For help with eating disorders:
beateatingdisorders.org.uk
For young people and families:
youngminds.org.uk

Text Services:

For under 25s:
Text THE MIX to 85258
For help with self-harm:
Text SUSSEX to 85258
For info and advice:
Text YM to 85258

IN CASE OF EMERGENCY:
Call 111 or 999, or go to your nearest A&E

Contact

All staff in the school have a responsibility to promote and support the mental health of our students, but if you'd like to contact someone specifically about this area, you can go to any of the following members of staff:

For DSL or Safeguarding: Mr Webster, Assistant Head (DSL) or Mrs White/Mr Green (Safeguarding Managers)
dsl@holyltrinitycrawley.org.uk or **07720 340227**



Mr A Webster

Mrs A White

Mr K Green

Beacon House is a specialist, innovative & creative therapeutic service for young people, families & adults. You can check out their resources [here](#)

Beacon House
Therapeutic Services and Trauma Team



Mission Statement - Deeply Christian, open to all. Our mission is to be a deeply Christian inclusive community which values every individual as a child of God.

Vision statement - A centre of excellence for learning inspired by Christian values where every person in our school community fulfils their potential.



This week in our collective worship, I delivered an Easter message to our student body. Even though Easter is still a month away, we have Celebration of Success next week and we wanted to keep that for our last week as we celebrate our students' achievements. I spoke to our students about the life and crucifixion of Jesus and the reason behind God's sacrifice. After the Easter break, Rev Millwood will deliver a message on the resurrection and ascension of Jesus

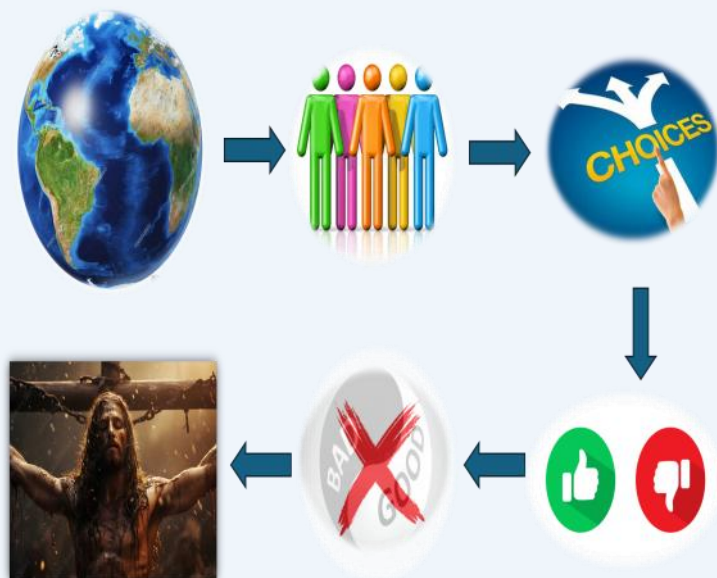
For your interest:

- Christian Union continues every Wednesday in the chapel at second break. We are also looking to run 'Youth Alpha' in the summer term in partnership with St Johns Church, Crawley
- The Prayer Rooms are open for Muslim Prayer and we have extended this to use of the Multi-Media Room off the library to accommodate extra numbers during Ramadan. Boys in the MMR and girls in the boys prayer room. Our Muslim families will celebrate Eid this weekend
- A selection of our staff attended Iftar at Broadfield Mosque on Friday 28th March 2025
- On Thursday 27th March, we sat down with a number of our students and staff to celebrate together in Iftar in the school hall. Full report next week!
- The lighthouse project continue to run their club on a Thursday first break with hot chocolate in the winter, ice lollies in the summer and a number of different activities

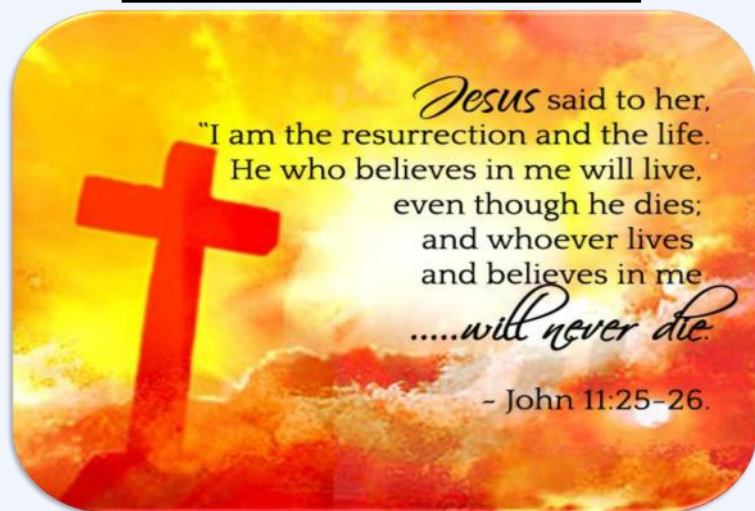
In our collective worship, I shared this graphic with our students.

It is a summary of the story of Easter:

- God creates the world
- God creates people
- God gives people choice
- People choose good and bad
- Good and bad don't mix but God has a plan
- Jesus sacrifices himself so we can spend eternity with God. His blood forgives our sin



Verse of the week



If you are interested in seeing what materials we provide for our staff and students for Collective Worship, do have a look on our website under Christian

Theme for this half term: Community
The Equality and Diversity theme for this half term: Disability
Theme for the week: Easter

Click below for the challenge of the day
<https://youtu.be/JSQhXglBr30>

Click for the verses of the day

Interfaith Calendar 2025: Major Religious Holidays, Holy Days

"He himself bore our sins" in his body on the cross, so that we might die to sins and live for righteousness; "by his wounds you have been healed." 1 Peter 2:24

Watch: The trial of Jesus (If Jesus was innocent and Barabbas was a murderer, why was Barabbas released?)
<https://youtu.be/WaQFsQlqRE0>

Click for a prayer

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