



Holy Trinity School

A Church of England Secondary School



Sport BTEC Level 3 Curriculum Guide

Sports BTEC Level 3

This course is a BTEC Level 3 Extended Certificate in Sport

MINIMUM SUBJECT ENTRY REQUIREMENTS (in addition to the general 6TH form minimum entry requirements of 5 x grade 4 at GCSE/equivalent or above including maths and English): GCSE Grade 4 in Physical Education would be an advantage **plus** a Grade 4 in Biology / Science and English / RS would also be beneficial. Transition from BTEC Level 2 with Merit+.

In this course you can expect to cover a wide breadth of study to enable you to develop your knowledge and understanding of a variety of different topic areas. The units listed below will be completed in a series of assignments, using scenarios which relate to specific careers and theoretical exam settings. Each assignment can be completed via written work, presentations, video and practical activities. It provides not only the opportunity to develop theoretical understanding but also practical performance and coaching.

Exam Board Information:

Pearson BTEC Level 3 Nationals (601/0458/3 360) guided learning hours – 1x A Level

The course is made up of 3 core mandatory units and 1 further optional unit. The units in this **two-year** course are: -

	Unit Name	Method of Assessment	Information
Year 12	Anatomy and Physiology	Exam based unit	1.5 Hours - worth 90 marks - set and marked by the exam board.
	Practical Sports Performance	Internally school assessed unit	Coursework Task
Year 13	Fitness, Training and Programming for Health, Sport and Well Being.	Second examined synoptic	Case study to research then a 2 hour supervised assessment worth 60 marks.
	Professional Development in the Sports Industry	Internally school assessed unit	Coursework Task

PATHWAYS:

UNIVERSITY COURSES	APPRENTICESHIPS	WORLD OF WORK
Sports Science Sports Studies Sports Psychology Sports Nutrition Sports Management Sports Coaching PE Teacher	Premier Sport - Coaching Premier Fitness – Fitness Instructor Apprentice Leisure Assistant Outdoor Education Apprentice	Leisure Industry – Entry Level Jobs Coaching – Opportunities for coaching roles in various sports. Swimming Teacher

For further information or to ask questions, please contact Mrs Dean
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