



Holy Trinity School

A Church of England Secondary School

Welcome to Health and Social Care



Bridging Work

<https://alison.com/course/fundamentals-of-health-and-social-care>

- You will need to log in using your school email address/create an account through microsoft
- It should take you 4-5 hours – you could do 1 hour a week over the summer holidays – it will save your progress
- You need to arrive in September with your certificate – either printed or downloaded



This course is for you if...

- You are considering a career in health, social care, or early years.
- You're prepared to meet strict deadlines and manage your time effectively.
- You enjoy written coursework and can express your ideas clearly through written work
- You prefer subjects that are not just exam based
- You're interested in topics like safeguarding, mental health, public health, and anatomy.
- You're aiming for university, apprenticeships, or employment in the care sector.
- You're self-motivated and can work independently as well as in teams

✗ This course is not for you if...

- You struggle with meeting deadlines or managing multiple assignments at once.
- You dislike written work—this course involves a lot of writing!
- You prefer subjects that are mostly exam-based with little coursework.
- You're not interested in working with people or discussing sensitive, real-life issues.
- You find it difficult to stay organised or keep up with ongoing assessments.
- You want a subject with minimal reading, writing, or research.

AAQ Health and Social Care: Level 3

YEAR 12	YEAR 13
F090 - Principles of Health and Social Care – EXAM (January 2026)	F091 - Anatomy and Physiology for Health and Social Care – EXAM (January 2017)
F092 - Person-centred approach to care – COURSEWORK (Due April 2026)	F093 - Supporting people with mental health conditions – COURSEWORK (Due April 2027)
F096 - Supporting people in relation to sexual health, pregnancy and postnatal health – COURSEWORK (Due April 2026)	F095 - Investigating public health – COURSEWORK (Due April 2027)